

# GRAY WOLF KYOKUSHIN MARTIAL ARTS

## CLASS SCHEDULE 2018-19

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>NO CLASSES</b>	<b>5:15 PM</b> <b>Juniors</b> <b>17 and Under</b> <b>All Ranks</b>  <b>6:00 – 6:30 PM</b> <b>YOUNG</b> <b>LIONS</b>  <b>6:30 – 7:15 PM</b> <b>KATA CLASS</b>  <b>7:15 - 8:00 PM</b> <b>FIGHTING/</b> <b>SPARRING/</b> <b>CLICKER</b> <b>CLASS</b>	<b>6:30 PM</b> <b>OPEN CLASS</b> <b>(Sempai Rick)</b>	<b>6:30 PM</b> <b>WEAPONS CLASS</b> <b>(Sempai Jack)</b>  <b>7:15 – 8:00 PM</b> <b>SPECIAL CLASSES</b> <b>AND PROGRAMS</b>  <b>Pay attention to email</b> <b>and bulletin board for</b> <b>details.</b>	<b>5:15 PM</b> <b>Juniors</b> <b>17 and Under</b> <b>All Ranks</b>  <b>6:00 – 6:30 PM</b> <b>YOUNG LIONS</b>  <b>6:30 – 7:15 PM</b> <b>Kyokushin</b> <b>Requirements</b> <b>All Belts</b>  <b>7:15 – 8:00 PM</b> <b>ADVANCED</b> <b>CLASS</b>		<b>9:00 AM BLACK</b> <b>BELT CLASS</b> <b>ROCHESTER, NY</b> <b>(4<sup>th</sup> KYU AND</b> <b>HIGHER)</b>

**DOJO IS CLOSED WHEN HOLLEY SCHOOLS ARE CLOSED (SCHOOL BREAKS AND WEATHER EMERGENCIES, INCLUDING “NO AFTERSCHOOL ACTIVITIES” DUE TO WEATHER. ANNOUCEMENTS WILL BE MADE IN CLASS IF SPECIAL CLASSES ARE OFFERED DURING A SCHOOL BREAK.**

[www.GrayWolfMartialArts.com](http://www.GrayWolfMartialArts.com)